

# MARGARET SALA, PH.D.

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1165 Morris Park Ave, Bronx, NY  
Ferkauf Graduate School of Psychology  
Yeshiva University

## ACADEMIC APPOINTMENTS

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**Assistant Professor, Ferkauf Graduate School of Psychology**      2021 - Present  
**Yeshiva University, Bronx, NY**

**Postdoctoral Fellowship, Drexel WELL Center**      2020 - 2021  
**Drexel University, Philadelphia, PA**  
Supervisor: Evan Forman, Ph.D.

## EDUCATION & TRAINING

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**Clinical Health Psychology Intern, VA Connecticut Healthcare System**      2019 - 2020  
**- West Haven**

**Ph.D. Candidate, Clinical Psychology, Southern Methodist University**      2020  
Minor: Quantitative Methods  
Mentor: Austin Baldwin, Ph.D.  
Dissertation Title: *A Mindfulness-Based Physical Activity Intervention: A Pilot Randomized Controlled Trial*

**M.A., Clinical Psychology, Southern Methodist University**      2016  
Mentor: Austin Baldwin, Ph.D.  
Thesis Title: *Post-Exercise Affective Response: Examining Differences Between Regular and Infrequent Exercisers*

**B.S., The University of North Carolina at Chapel Hill**      2011  
Majors: Business and Psychology  
Mentors: Cynthia M. Bulik, Ph.D. & Mae Lynn Reyes-Rodríguez, Ph.D.  
Honors Thesis: *Race, Ethnicity, and Eating Disorders*

## EXTERNAL FUNDING

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**Society of Multivariate Experimental Psychology Travel Award**      2020  
Total Award: \$1,000

**National Science Foundation Graduate Research Fellowship**      2016 - 2019  
Total Award: \$138,000

**P.E.O. Scholar Award**      2018 - 2019  
Total Award: \$15,000

American Psychological Association (APA) Dissertation Research Award Total Award: \$1,000	2018
Hogg Foundation Frances Fowler Wallace Dissertation Award Total Award: \$1,500	2018
Society for Health Psychology Graduate Student Research Award Total Award: \$1,500	2018
American Psychological Association Junior Scientist Fellowship Total Award: \$1,000	2015

### **HONORS AND AWARDS**

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Research Day Poster Session Dean's Award (\$250), SMU	2018
Willis Tate Outstanding Psychology Graduate Student Award (\$700), SMU	2016
Research Fellowship at the Center of Excellence for Eating Disorders, UNC	2014
National Eating Disorder Association Travel Award (\$400)	2013
Medlin Scholarship for Business and the Liberal Arts (\$1,000), UNC	2011
Helen Craig Wardlaw Scholarship (\$1,000), UNC	2010
Honors Research Grant (\$300), UNC	2010
Phi Beta Kappa, UNC	2010
Pogue Scholarship, UNC (full tuition and room and board)	2007 – 2011
Dean's List, UNC	2007 – 2011

### **PEER-REVIEWED PUBLICATIONS (\* indicates mentee co-author)**

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1. **Sala, M.,** & Levinson, C.A. (2020). Mindfulness and body checking. *Mindfulness*. Epub ahead of print: doi: 10.1007/s12671-020-01445-z
  2. **Sala, M.,** Shankar Ram, S.\*, Vanzhula, I.A., & Levinson, C.A (2020). Mindfulness and eating disorder psychopathology: A meta-analysis. *International Journal of Eating Disorders*. Epub ahead of print: doi: 10.1002/eat.23247
  3. **Sala, M.,** Rochefort, C., Lui, P.P., & Baldwin, A.S. (2020). Mindfulness and health behaviors: A meta-analysis. *Health Psychology Review, 14(3)*, 345-393. doi: 10.1080/17437199.2019.1650290

4. Vanzhula, I., **Sala, M.**, Christian, C., Hunt, R.A., Keshishian, A.C, Wong, V.Z., Ernst, S., Spoor, S.P., & Levinson, C.A (2020). Avoidance coping during mealtimes predicts higher eating disorder symptoms. *International Journal of Eating Disorders*, 53(4), 625-630. doi: 10.1002/eat.23254
5. **Sala, M.**, Brosof, L.C., & Levinson, C.A. (2019). Repetitive negative thinking predicts eating disorder behaviors: A pilot ecological momentary assessment study in a treatment seeking eating disorder sample. *Behaviour Research and Therapy*, 112, 12-27. doi: 10.1016/j.brat.2018.11.005
6. **Sala, M.**, Vanzhula, I., & Levinson C.A. (2019). A longitudinal study on the association between facets of mindfulness and eating disorder symptoms in individuals diagnosed with eating disorders. *European Eating Disorder Review*, 27(3), 295-305. doi: 10.1002/erv.2657
7. Levinson, C.A., **Sala, M.**, Murray, S., Ma, J. Rodebaugh, T. L., & Lenze, E.C. (2019). Diagnostic, clinical, and personality correlates of food anxiety during a food exposure in patients diagnosed with an eating disorder. *Eating and Weight Disorders - Studies on Anorexia, Bulimia and Obesity*. Epub ahead of print. doi: 10.1007/s40519-019-00669-w
8. **Sala, M.**, Han, K., Acevedo, S.F., Krawczyk, D.C., & McAdams, C.J. (2018). Oxytocin receptor polymorphism decreases midline neural activations to social stimuli in anorexia nervosa. *Frontiers in Psychology*, 9, 2183. doi: 10.3389/fpsyg.2018.02183
9. **Sala, M.**, Egbert, A.H., Lavender, J.M., & Goldschmidt, A.B. (2018). Affect, reward, and punishment in anorexia nervosa: a narrative overview. *Eating and Weight Disorders - Studies on Anorexia, Bulimia and Obesity*, 23(6), 731-737. doi: 10.1007/s40519-018-0588-9
10. Schaumberg, K., Reilly, E.E., Anderson, L.M., Gorrell, S., Wang, S.B., & **Sala, M.** (2018). Improving prediction of eating-related behavioral outcomes with zero-sensitive regression models. *Appetite*, 129(1), 252-261. doi: 10.1016/j.appet.2018.06.030
11. Levinson, C.A., **Sala, M.**, Fewell, L.K., Brosof, L.C., Fournier, L., & Lenze, E.J. (2018). Meal and snack-time eating disorder cognitions predict eating disorder behaviors and vice versa in a treatment seeking sample: A mobile technology based ecological momentary assessment study. *Behaviour Research and Therapy*, 105, 36-42. doi: 10.1016/j.brat.2018.03.008
12. **Sala, M.**, Brosof, L.C., Rosenfield, D., Fernandez, K.C., & Levinson, C.A. (2017). Stress is associated with exercise differently among individuals with higher and lower eating disorder symptoms: An ecological momentary assessment study. *International Journal of Eating Disorders*, 50(12), 1413-1420. doi: 10.1002/eat.22799
13. **Sala, M.**, & Levinson, C.A. (2017). A longitudinal study on the association between facets of mindfulness and disinhibited eating. *Mindfulness*, 8(4), 893-902. doi: 10.1007/s12671-016-0663-0

14. **Sala, M.**, Haller, D.L., Laferrère, B., Homel, P., & McGinty, J. (2017). Predictors of attrition before and after bariatric surgery. *Obesity Surgery*, 27(2), 548-551. doi: 10.1007/s11695-016-2510-8
15. **Sala, M.**, Breithaupt, L., Bulik, C.M., Hamer, R.M., La Via, M., & Brownley, K.A. (2017). A double-blind, randomized pilot trial of chromium picolinate for overweight individuals with binge eating disorder: Effects on glucose regulation. *Journal of Dietary Supplements*, 14(2), 191-199. doi: 10.1080/19390211.2016.1207124
16. Baldwin, A.S., Denman, D.C., **Sala, M.**, Marks, E.G., Shay, L.A., Craddock Lee, S., Skinner, C.S., Wiebe, D.J., & Tiro, J.A. (2017). Translating self-persuasion into an HPV vaccine promotion intervention for parents in safety-net clinics. *Patient Education and Counseling*, 100(4), 736-741. doi: 10.1016/j.pec.2016.11.014
17. Hofmeir, S., Runfola, C.D., **Sala, M.**, Gagne, D.A., Brownley, K.A., & Bulik, C.M. (2017). Body image, aging, and identity in women over 50: The gender and body image (GABI) study. *Journal of Women and Aging*, 29(1), 3-14. doi: 10.1080/08952841.2015.1065140
18. Stano, S., Alam, F., Wu, L., Dutia, R., Ng, S.N., **Sala, M.**, McGinty, J. & Laferrère, B. (2017). Effect of meal size and texture on gastric pouch emptying and glucagon like peptide 1 after gastric bypass surgery. *Surgery for Obesity and Related Diseases*, 13(12), 1975-1983. doi: 10.1016/j.soard.2017.09.004
19. **Sala, M.**, Baldwin, A.S., & Williams, D.M. (2016). Affective and cognitive predictors of affective response to exercise: Examining unique and overlapping variance. *Psychology of Sports & Exercise*, 27, 1-8. doi: 10.1016/j.psychsport.2016.07.005
20. **Sala, M.**, & Levinson, C.A. (2016). The longitudinal relationship between worry and disordered eating: Is worry a precursor or consequence of disordered eating? *Eating Behaviors*, 23, 28-32. doi: 10.1016/j.eatbeh.2016.07.012
21. **Sala, M.**, Heard, A.M., & Black, E.A.\* (2016). Emotion-focused treatments for anorexia nervosa: a systematic review of the literature. *Eating and Weight Disorders - Studies on Anorexia, Bulimia and Obesity*, 21(2), 147-164. doi: 10.1007/s40519-016-0257-9
22. Chmielewski, M., **Sala, M.**, Tang, R., & Baldwin, A.S. (2016). Examining the construct validity of affective judgments of physical activity measures. *Psychological Assessment*, 28(9), 1128-1141. doi: 10.1037/pas0000322
23. Breithaupt, L., **Sala, M.**, Hamer, R.M., Bulik, C.M., La Via, M., & Brownley, K.A. (2016). Feasibility and acceptability of chromium supplementation for binge eating disorder. *Journal of Nutritional Medicine and Diet Care*, 2(10), 1-6. doi: 10.23937/2572-3278.1510010
24. Reyes-Rodríguez, M.L., García, M., Silva, Y., **Sala, M.**, Quranta, M., & Bulik, C.M. (2016). Storytelling: Development of *fotonovelas* to raise awareness of eating disorders in Latinos in the United States. *Revista Mexicana de Trastornos Alimentarios*, 7(1), 17-23. doi:

10.1016/j.rmta.2016.03.002

25. **Sala, M.**, Reyes-Rodríguez, M.L., Bulik, C.M., & Bardone-Cone, A.M. (2013). Race, ethnicity and eating disorder recognition by peers. *Eating Disorders: The Journal of Treatment and Prevention*, 21(5), 423-436. doi: 10.1080/10640266.2013.827540
26. Reyes-Rodríguez, M.L., **Sala, M.**, Von Holle, A., Unikel, C., Bulik, C.M., Cámara-Fuentes, L., & Suárez-Torres, A. (2011). A description of disordered eating behaviors in Latino males. *Journal of American College Health*, 59(4), 266-272. doi: 10.1080/07448481.2010.502205

### **BOOK CHAPTERS AND BOOK REVIEWS**

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1. Baldwin, A.S. & **Sala, M.** (2018). Perceived satisfaction with health behavior change. In D.M. Williams, R.E. Rhodes, & M. Conner (Eds.), *Affective Determinants of Health Behavior*. New York: Oxford University Press.
2. Baldwin, A.S., & **Sala, M.** (2017). Promotion of healthy behavior. In A. Wenzel (Ed.), *The SAGE Encyclopedia of Abnormal and Clinical Psychology*. Thousand Oaks, CA: Sage Publications.
3. Baldwin, A.S., & **Sala, M.** (2017). Healthy behavior. In A. Wenzel (Ed.), *The SAGE Encyclopedia of Abnormal and Clinical Psychology*. Thousand Oaks, CA: Sage Publications.
4. **Sala, M.** (2015). Review of the book *Eating Disorders, Addictions, and Substance Use Disorders: Research, Clinical, and Treatment Perspectives* by Timothy Brewerton and Amy Baker Dennis. *Eating Disorders: The Journal of Treatment and Prevention*, 23(3), 275-278.

### **CHAired SYMPOSIA AT NATIONAL CONFERENCES**

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1. **Sala, M.**, & Broscof, L.C. (November, 2017). *Exercise in individuals with disordered eating: How and for whom might it be beneficial?* Symposium presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA

### **CONFERENCE ORAL PRESENTATIONS**

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1. **Sala, M.**, Geary, B., & Baldwin, A.S. (March, 2019). *An audio-recorded mindfulness exercise intervention: A pilot randomized controlled trial*. Paper presentation at the Society of Behavioral Medicine, Washington, DC.
2. **Sala, M.**, Shankar Ram, S.\*, Vanzhula, I.A., & Levinson, C.A. (March, 2019). *Mindfulness and eating disorder psychopathology: A meta-analysis*. Paper presentation at the Academy of Eating Disorders, International Conference on Eating Disorders, New York, NY.
3. Levinson, C.A., **Sala, M.**, Murray, S., Rodebaugh, T.L., & Lenze, E.J. (November, 2018). *Diagnostic, clinical, and personality correlates of food anxiety during a short course of mealtime exposure therapy in patients diagnosed with an eating disorder*. In Farrell, N.R., & Rancourt, D. (chairs), *Food anxiety during exposure therapy in patients with eating disorders*. Paper presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.

4. **Sala, M.**, Vanzhula, I., Juarascio, A., Vazzano, K., & Levinson, C.A. (April, 2018). *Incorporating mindfulness into eating disorder research and treatment*. Workshop presentation at the Academy for Eating Disorders, International Conference on Eating Disorders, Chicago IL.
5. Vanzhula, I., **Sala, M.**, & Levinson, C.A. (April, 2018). *Improving acting with awareness may be key to a successful mindfulness-based intervention for eating disorders*. Paper presentation at the Academy for Eating Disorders, International Conference on Eating Disorders, Chicago IL.
6. **Sala, M.**, Rochefort, C., Lui, P., & Baldwin, A.S. (March, 2018). *Mindfulness and health behaviors: A meta-analysis*. Oral presentation at the Society for Personality and Social Psychology, Social and Personality Health Network Preconference, Atlanta, GA.
7. **Sala, M.**, Brosof, L.C., Rosenfield, D., Fernandez, K.C. & Levinson, C.A. (November, 2017). *Stress impacts exercise differently among individuals with high and low levels of eating disorder symptoms: An ecological momentary assessment study*. In **Sala, M. & Brosof, L.C.** (chairs), *Exercise in individuals with disordered eating: How and for whom might it be beneficial?* Paper presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
8. Brosof, L. C., **Sala, M.**, Fernandez, K.C., & Levinson, C.A. (November, 2017). *Body dissatisfaction moderates the relationship between social anxiety and exercise frequency: An ecological momentary assessment study*. In **Sala, M. & Brosof, L.C.** (chairs), *Exercise in individuals with disordered eating: How and for whom might it be beneficial?* Paper presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
9. Heard, A.M., **Sala, M.**, Breithaupt, L., Becker, K.R., & Lavender, J.M. (June, 2017). *Integrating basic behavioral, psychological, and neurobiological research into the study of eating disorders*. Workshop presentation at the Academy for Eating Disorders, International Conference on Eating Disorders, Prague, Czech Republic.
10. **Sala, M.**, Heard, A.M., Manasse, S.M., & Baldwin, A.S. (March, 2017). *Applying for graduate funding from the National Science Foundation and the National Institute of Health*. Panel discussion at the Society of Behavioral Medicine, San Diego, CA.
11. Baldwin, A.S., **Sala, M.**, Tang, R., & Chmielewski, M. (January, 2017). *Construct validity of affective judgments of physical activity measures: Current limitations and implications*. Oral presentation at the Society for Personality and Social Psychology Health Preconference, San Antonio, TX.
12. Ferrari, M., **Sala, M.**, Vazzano, K., & Spotts-De Lazzer, A. (May, 2016). *The art of making things happen: Understanding the advocacy landscape*. Workshop presentation at the Academy for Eating Disorders, International Conference on Eating Disorders, San Francisco,

CA.

13. Reyes-Rodriguez, M.L., **Sala, M.**, Von Holle, A., & Bulik, C.M. (June, 2010). *Latino males: A description of disordered eating behaviors*. Paper presentation at the Academy for Eating Disorders, International Conference on Eating Disorders, Salzburg, Austria.

#### CONFERENCE POSTERS

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1. **Sala, M.**, Linde, J.A., Crosby, R.D., & Pacanowski, C.R. (September, 2019). *Body satisfaction predicts positive and negative affect: An ecological momentary assessment study*. Poster to be presented at the Eating Disorder Research Society, Chicago, IL.
2. **Sala, M.**, Brossof, L. C., & Levinson, C.A. (March, 2019). *Rumination predicts eating disorder behaviors: An ecological momentary assessment study in a clinical eating disorder sample*. Poster presentation at the Academy of Eating Disorders, International Conference on Eating Disorders, New York, NY.
3. Vanzhula I.A., **Sala, M.**, Christian, C., & Levinson, C.A. (November, 2018). *Avoidance predicts lower anxiety in the short-term but increased eating disorder symptoms over time*. Poster presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
4. Ma, J., **Sala, M.**, Rodebaugh, T., Lenze, E.C., & Levinson, C.A. (April, 2018). *Correlates of food anxiety during a meal in patients diagnosed with an eating disorder*. Poster presentation at the Academy of Eating Disorders, International Conference on Eating Disorders, Chicago, IL.
5. **Sala, M.** & Levinson, C.A. (April, 2018). *A longitudinal study on the association between facets of mindfulness and disinhibited eating*. Poster presentation at the International Conference on Eating Disorders, Chicago, IL.
6. **Sala, M.**, Rosenfield, D., & Baldwin, A.S. (March, 2017). *Post-exercise affective response: Examining differences between regular and infrequent exercisers*. Poster presentation at the Society of Behavioral Medicine, San Diego, CA.
7. **Sala, M.**, Rosenfield, D., & Baldwin, A.S. (January, 2017). *Affective response after exercising*. Poster presentation at the Society for Personality and Social Psychology Health Preconference, San Antonio, TX.
8. Holter, M., Stano, S., Rimawi, F., **Sala, M.**, Espinosa, C., McGinty, J., Belsley, S., Koshy, N., Dutia, R., & Laferrère, B. (June, 2016). *Greater increase in insulin clearance after gastric bypass compared to gastric banding in patients with type 2 diabetes*. Poster presentation at the American Diabetes Association, New Orleans, LA.
9. **Sala, M.**, & Levinson, C.A. (May, 2016). *The longitudinal relationship between worry and disordered eating: Is worry a precursor or consequence of disordered eating?* Poster presentation at the Academy of Eating Disorders, International Conference on Eating

Disorders, San Francisco, CA.

10. **Sala, M.**, Chmielewski, M., Tang, R., & Baldwin, A.S. (April, 2016). *The convergent and discriminant validity of affective judgments of physical activity measures*. Poster presentation at the Society of Behavioral Medicine, Washington, DC.
11. **Sala, M.**, Brandon, A.R., Hynan, L.S., Baldwin, A.S., & Puzifferri, N. (November, 2015). *The Bariatric Behavior Efficacy Measure (BB-EM) to inform post-bariatric surgery interventions*. Poster presentation at The Obesity Society, Los Angeles, CA.
12. Homel, P., Laferrère, B., **Sala, M.**, McGinty, J., & Haller, D.L. (August, 2015). *Psychological predictors of patient attrition in post bariatric surgery follow up*. Poster presentation at the American Psychological Association Convention, Toronto, Canada.
13. **Sala, M.**, Kangas, J.L., & Baldwin, A.S. (April, 2015). *Associations with affective response during exercise: Comparing implicit and affective attitudes and behavioral intentions*. Poster presentation at the Society of Behavioral Medicine Annual Meeting, San Antonio, TX.
14. **Sala, M.**, Breithaupt, L., Hamer, R.M., Bulik, C.M., La Via, M., & Brownley, K.A. (April, 2015). *A double blind, randomized pilot trial of chromium picolinate for binge eating disorder: Effects on glucose regulation*. Poster presentation at the Academy for Eating Disorders, International Conference on Eating Disorders, Boston, MA.
15. Breithaupt, L., **Sala, M.**, Hamer, R.M., Bulik, C.M., La Via, M., & Brownley, K.A. (April, 2015). *Feasibility and acceptability of chromium for binge eating disorder*. Poster presentation at the Academy for Eating Disorders, International Conference on Eating Disorders, Boston, MA.
16. Boron-Brenner, D., Rimawi, F., **Sala, M.**, Espinosa, C., Dutia R., McGinty J., Moize, V., & Laferrère, B. (November, 2014). *Meal pattern affects hunger and glycemia after Roux-en-Y gastric bypass*. Poster presentation at The Obesity Society, Boston, MA.
17. Dutia, R., Rimawi, F., Boron-Brenner, D., **Sala, M.**, Espinosa, C., McGinty, J., & Laferrère, B. (November, 2014). *Roux-en-Y gastric bypass improves postprandial lipemia*. Poster presentation at The Obesity Society, Boston, MA.

## CLINICAL EXPERIENCE

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### VA Connecticut Healthcare System

2019 - 2020

#### *Clinical Health Psychology Intern*

- Provide individual therapy for individuals with eating disorders, obesity, chronic pain, insomnia, and adjustment to medical conditions in primary care
- Lead MOVE weight-loss group
- Co-lead a Dialectical Behavior Therapy (DBT) group
- Conduct assessments in the chronic pain multidisciplinary clinic
- Therapist for the inpatient consultation service
- Conduct pre-surgical evaluations for transplants and weight loss surgery



**North Texas VA Medical Center***General Mental Health Practicum Student*

- Provided individual Acceptance and Commitment Therapy (ACT)
- Co-led a DBT group

**Baylor Scott & White Medical Center**

2017 - 2018

*Center for Medical Psychology Practicum Student*

- Provided individual therapy for insomnia, adjustment to cancer, weight management, depression, and anxiety
- Conducted pre-surgical evaluations for bariatric patients
- Led a weekly group lifestyle intervention for weight loss, based on the Diabetes Prevention Program (DPP) protocol
- Co-led a weekly cognitive biobehavioral group intervention for cancer patients (Cancer to Health)

**Texas Health Presbyterian Hospital**

2016 - 2017

*Eating Disorder Program Practicum Student*

Supervisors: Donald Hafer, Ph.D. &amp; Anna Brown, Ph.D

- Served as an individual Enhanced Cognitive Behavior Therapy (CBT-E) therapist in an adult outpatient, partial hospitalization, residential, and inpatient eating disorder unit
- Led DBT, ACT, and mindfulness groups and co-led cognitive processing groups

**SMU Psychology Clinic**

2015 - 2019

*Practicum Student*

Supervisors: Lorelei Simpson Rowe, Ph.D., Buck Hampson, Ph.D., &amp; Ray Levy, Ph.D.

- Administered intelligence, achievement, and psychological testing to adults and children, and provided treatment recommendations
- Provided individual therapy for a variety of issues spanning from insomnia, anxiety disorders, and depressive disorder
- Provided Integrative Behavioral Couple Therapy

**The Anxiety and Depression Research Center at SMU**

2015 - 2016

*Study Therapist*

Supervisors: Alicia Meuret, Ph.D. (primary), Michelle Craske, Ph.D., &amp; Michael Treanor, Ph.D.

- Provided treatment for anxiety and depressive disorders as part of a clinical research study
- Administered Exposure and Response Prevention

**REVIEWER EXPERIENCE*****Ad Hoc Reviewer:***

PLoS One

Journal of Behavioral Medicine

Eating and Weight Disorders - Studies on Anorexia, Bulimia and Obesity

Journal of Addiction and Research Therapy

Cognitive Therapy and Research

***Mentored Reviewer:***

International Journal of Behavioral Nutrition and Physical Activity

**MEMBERSHIPS IN PROFESSIONAL ORGANIZATIONS**


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Academy of Eating Disorders (Advocacy and Communications Committee, 2015 – 2018)  
 American Psychological Association  
 American Psychological Association for Graduate Students  
 Association of Behavioral and Cognitive Therapists  
 Society for Health Psychology (APA Division 38)  
 Society for Behavioral Medicine

**TEACHING EXPERIENCE**


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<b>Instructor of Record</b> , University of North Texas at Dallas Course: Research Methods (Online) Undergraduate students at UNT	Summer 2017
<b>Instructor of Record</b> , University of North Texas at Dallas Course: Research Methods Undergraduate students at UNT	Fall 2017
<b>Teaching Assistant</b> , University of North Carolina at Chapel Hill Course: Mergers and Acquisitions Undergraduate and graduate students at UNC	Spring 2011

**SERVICE**


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SMU Faculty Search Committee Student Representative	2018 – 2019
SMU Graduate Student Representative	2016 – 2017

**UNDERGRADUATE MENTORING**


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NOTE: These relationships involved significant mentoring of an undergraduate student. All mentees either published a paper or gave a talk on the collaborative work.

Skylar Jayes (Distinction Project), SMU	Fall 2016 – Spring 2017
Elizabeth Black (Research Assistant), SMU	Spring 2015 – Spring 2016

**ADDITIONAL RESEARCH TRAINING**


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<b>Introduction to Structural Equation Modeling</b> , 3 day training Instructors: Patrick Curran and Daniel Bauer	2020
<b>Multiphase Optimization Strategy</b> , full day training Instructor: Dr. Linda Collins	2017
<b>Meta-Analysis Techniques</b> , 5 day training	

Instructors: Drs. Betsy Becker and Ariel Aloe 2015

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### ADDITIONAL CLINICAL TRAINING

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**Dialectical Behavior Therapy**, New Haven, CT, 8 week training 2019  
Instructors: Drs. Seth Axelrod, Emily Cooney, and Suzanne Decker

**Motivational Interviewing**, West Haven, CT, 2 day training 2019  
Instructor: Dr. Steve Martino

**Mindfulness-Based Eating Awareness**, Lenox, MA, 3 day training 2018  
*Faculty Assistant*  
Instructors: Dr. Jean Kristeller and Andrea Lieberstein

**Cognitive Processing for PTSD**, Dallas, TX, 2 day training 2018  
Instructor: Dr. Amy Williams

**Motivational Interviewing**, Plano, TX, 1 day training 2018  
Instructor: Dr. Lloyd Berg

**Acceptance-Based Behavioral Therapy**, San Diego, CA, 2 day training 2017  
Instructor: Drs. Susan Orsillo and Lizabeth Roemer

**Acceptance and Commitment Therapy**, Frisco, TX, 3 day training 2017  
Instructor: Dr. Amy Murrell

**Treatment for Affective Disorders**, UCLA, 2 day training 2015  
Instructor: Drs. Michelle Craske and Michael Treanor

**Structural Clinical Interview for DSM-5 Disorder**, SMU, full day training 2015  
Instructor: Dr. Alicia Meuret

**Couples Therapy Workshop**, SMU, 2 day training 2014  
Instructor: Dr. Lorelei Simpson Rowe

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### SELECTED SKILLS

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Statistical Programs: R, SAS, SPSS, Mplus

Languages: Fluent in Spanish and Russian