

Pleasant Activity List **and their Social Modifications**  
Rabbi Dr. Jonathan Schwartz

1. Baking Cookies – **on facetime with friends sharing modifications or their views and yours**
2. Sitting schmoozing with friend **(with word limits Cannot use the magic word..)**
3. Jogging
4. Going for a walk **(with friend while maintaining a healthy social distance)**
5. Listening to music **(singing contest among friends of same gender, flash kumsitz over zoom)**
6. Listen, watch or Learn (or read something inspiring) – **(listen at same time together and share thoughts)**
7. Dancing – **(again, especially among women, these dances can be done in a mutual zoom)**
8. Calling an older (or lonely) person
9. Cooking or making a “chopped challenge” among friends **(you cannot imagine the fun & creativity in finding new means for using Kosher for Pesach items in a different way. I mean, seriously, have you EVER created a dessert with grated leftover horseradish?)**
10. Assembling puzzles or other project (e.g., model airplane)- **buy 2 and do it together through zoom, hangouts, facetime etc.**
11. Drawing or doodling – **pick a challenge (doodle, material and any other parameter) and see how everyone’s turns out. Then make everyone tell a story connected to his/her doodle**
12. Exercise
13. Talking with a friend or relative
14. Singing – **Flash kumsitz – but everyone needs to sing**
15. Drink coffee and read newspaper
16. Watching videos (<https://www.makeuseof.com/tag/watch-netflix-with-friends-far-away/>) **You can host a watch party for 2 or 200 – and comment in the process.**
17. Window shop on Amazon – **identify gifts for self or someone and why?**
18. Completing a task
19. Doing word puzzles
20. Playing computer games – **together**
21. Dressing up and looking nice
22. Talking on the phone
23. Take a course **together** **(Many colleges are offering free online courses – ever want to say “When I was a student at Harvard/Yale/Cornell...” See <https://qz.com/1821327/450-free-ivy-league-university-courses-you-can-take-online/>**